Package 'injurytools'

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Title A Toolkit for Sports Injury Data Analysis

Version 1.0.3

Description Sports Injury Data analysis aims to identify and describe the magnitude of the injury problem, and to gain more insights (e.g. determine potential risk factors) by statistical modelling approaches. The 'injurytools' package provides standardized routines and utilities that simplify such analyses. It offers functions for data preparation, informative visualizations and descriptive and model-based analyses.

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https://lzumeta.github.io/injurytools/

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Author Lore Zumeta Olaskoaga [aut, cre]

(<https://orcid.org/0000-0001-6141-1469>),
Dea Lin Lea [att] (attract //orcid.org/0000_0002_000

Dae-Jin Lee [ctb] (<https://orcid.org/0000-0002-8995-8535>)

Maintainer Lore Zumeta Olaskoaga <lzumeta@bcamath.org>

Repository CRAN

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cut_injd

Cut the range of the follow-up

Description

Given an injd object, cut the range of the time period such that the limits of the observed dates, first and last observed dates, are date0 and datef, respectively. It is possible to specify just one date, i.e. the two dates of the range do not necessarily have to be entered. See Note section.

Usage

```
cut_injd(injd, date0, datef)
```

Arguments

injd	Prepared data, an injd object.
date0	Starting date of class Date or numeric. If numeric, it should refer to a year (e.g. date = 2018). Optional.
datef	Ending date. Same class as date0. Optional.

Value

An injd object with a shorter follow-up period.

Note

Be aware that by modifying the follow-up period of the cohort, the study design is being altered. This function should not be used, unless there is no strong argument supporting it. And in that case, it should be used with caution.

date2season

Examples

Prepare data

```
df_injuries <- prepare_inj(</pre>
 df_injuries0 = raw_df_injuries,
           = "player_name",
 player
 date_injured = "from",
 date_recovered = "until"
)
df_exposures <- prepare_exp(</pre>
 df_exposures0 = raw_df_exposures,
 player = "player_name",
 date
             = "year",
 time_expo = "minutes_played"
)
injd <- prepare_all(</pre>
 data_exposures = df_exposures,
 data_injuries = df_injuries,
 exp_unit = "matches_minutes"
)
```

cut_injd(injd, date0 = 2018)

date2season

Get the season

Description

Get the season given the date.

Usage

date2season(date)

Arguments

date A vector of class Date or integer/numeric. If it is integer/numeric, it should refer to the year in which the season started (e.g. date = 2015 to refer to the 2015/2016 season)

Value

Character specifying the respective competition season given the date. The season (output) follows this pattern: "2005/2006".

Examples

```
date <- Sys.Date()
date2season(date)</pre>
```

gg_injbarplot

Plot player's injury incidence/burden ranking

Description

A bar chart that shows player-wise injury summary statistics, either injury incidence or injury burden, ranked in descending order.

Usage

```
gg_injbarplot(injds, type = c("incidence", "burden"), title = NULL)
```

Arguments

injds	<pre>injds S3 object (see injsummary()).</pre>
type	A character value indicating whether to plot injury incidence's or injury burden's ranking. One of "incidence" or "burden", respectively.
title	Text for the main title.

Value

A ggplot object (to which optionally more layers can be added).

Examples

```
# library(gridExtra)
```

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```
if (require("gridExtra")) {
  gridExtra::grid.arrange(p1, p2, nrow = 1)
}
```

gg_injphoto

Plot injuries over the follow-up period

Description

Given an injd **S3** object it plots an overview of the injuries sustained by each player/athlete in the cohort during the follow-up. Each subject timeline is depicted horizontally where the red cross indicates the exact injury date, the blue circle the recovery date and the bold black line indicates the duration of the injury (time-loss).

Usage

```
gg_injphoto(injd, title = NULL, fix = FALSE, by_date = "1 months")
```

Arguments

injd	Prepared data. An injd object.
title	Text for the main title.
fix	A logical value indicating whether to limit the range of date (x scale) to the maximum observed exposure date or not to limit the x scale, regardless some recovery dates might be longer than the maximum observed exposure date.
by_date	increment of the date sequence at which x-axis tick-marks are to drawn. An argument to be passed to base::seq.Date().

Value

A ggplot object (to which optionally more layers can be added).

```
gg_injphoto(injd, title = "Injury Overview", by_date = "1 years")
```

gg_injprev_polar

Description

Plot the proportions of available and injured players in the cohort, on a monthly or season basis, by a polar area diagram. Further information on the type of injury may be specified so that the injured players proportions are disaggregated and reported according to this variable.

Usage

```
gg_injprev_polar(
    injd,
    by = c("monthly", "season"),
    var_type_injury = NULL,
    title = "Polar area diagram\ninjured and available (healthy) players"
)
```

Arguments

injd	Prepared data, an injd object.
by	Character, one of "monthly" or "season", specifying the periodicity according to which to calculate the proportions of available and injured players/athletes.
<pre>var_type_injury</pre>	/
	Character specifying the name of the column on the basis of which to classify the injuries and calculate proportions of the injured players. It should refer to a (categorical) variable that describes the "type of injury". Defaults to NULL.
title	Text for the main title.

Value

A ggplot object (to which optionally more layers can be added).

```
library(ggplot2)
our_palette <- c("seagreen3", "red3", rev(RColorBrewer::brewer.pal(5, "Reds")))</pre>
```

gg_injriskmatrix

gg_injriskmatrix Plot risk matrices

Description

Given an injds S3 object, it depicts risk matrix plots , a graph in which the injury incidence (frequency) is plotted against the average days lost per injury (consequence). The point estimate of injury incidence together with its confidence interval is plotted, according to the method used when running injsummary() function. On the y-axis, the mean time-loss per injury together with \pm IQR (days) is plotted. The number shown inside the point and the point size itself, report the injury burden (days lost per player-exposure time), the bigger the size the greater the burden. See References section.

Usage

```
gg_injriskmatrix(
    injds,
    var_type_injury = NULL,
    add_contour = TRUE,
    title = NULL,
    xlab = "Incidence (injuries per _)",
    ylab = "Mean time-loss (days) per injury",
    errh_height = 1,
    errv_width = 0.05,
    cont_max_x = NULL,
    cont_max_y = NULL,
    ...
)
```

Arguments

injds injds **S3** object (see injsummary())

var_type_injury

Character specifying the name of the column. A (categorical) variable referring to the "type of injury" (e.g. muscular/articular/others or overuse/not-overuse etc.) according to which visualize injury summary statistics (optional, defaults to NULL).

add_contour Logical, whether or not to add contour lines of the product between injury incidence and mean severity (i.e. 'incidence x average time-loss'), which leads to injury burden (defaults to TRUE).

title	Text for the main title passed to ggplot2::ggtitle().
xlab	x-axis label to be passed to ggplot2::xlab().
ylab	y-axis label to be passed to ggplot2::ylab().
errh_height	Set the height of the horizontal interval whiskers; the height argument for ggplot2::geom_errorbarh().
errv_width	Set the width of the vertical interval whiskers; the width argument for ggplot2::geom_errorbar().
cont_max_x, cont_max_y	
	Numerical (optional) values indicating the maximum on the x-axis and y-axis, respectively, to be reached by the contour.
	Other arguments passed on to ggplot2::geom_contour() and metR::geom_text_contour(). These are often aesthetics like bins = 15 or breaks = 10.

Value

A ggplot object (to which optionally more layers can be added).

References

Bahr R, Clarsen B, Derman W, et al. International Olympic Committee consensus statement: methods for recording and reporting of epidemiological data on injury and illness in sport 2020 (including STROBE Extension for Sport Injury and Illness Surveillance (STROBE-SIIS)) *British Journal* of Sports Medicine 2020; 54:372-389.

Fuller C. W. (2018). Injury Risk (Burden), Risk Matrices and Risk Contours in Team Sports: A Review of Principles, Practices and Problems.*Sports Medicine*, 48(7), 1597–1606. https://doi.org/10.1007/s40279-018-0913-5

```
injds <- injsummary(injd)
injds2 <- injsummary(injd, var_type_injury = "injury_type")
gg_injriskmatrix(injds)
gg_injriskmatrix(injds2, var_type_injury = "injury_type", title = "Risk matrix")
```

Description

An injd object (S3), called injd, to showcase what this object is like and also to save computation time in some help files provided by the package. The result of applying prepare_all() to *raw_df_exposures* (prepare_exp(raw_df_exposures, ...)) and *raw_df_injuries* (prepare_inj(raw_df_injuries, ...)).

Usage

injd

Format

The main data frame in injd gathers information of 28 players and has 108 rows and 19 columns:

player Player identifier (factor)

- **t0** Follow-up period of the corresponding player, i.e. player's first observed date, same value for each player (Date)
- **tf** Follow-up period of the corresponding player, i.e. player's last observed date, same value for each player (Date)
- date_injured Date of injury of the corresponding observation (if any). Otherwise NA (Date)
- date_recovered Date of recovery of the corresponding observation (if any). Otherwise NA (Date)
- tstart Beginning date of the corresponding interval in which the observation has been at risk of injury (Date)
- tstop Ending date of the corresponding interval in which the observation has been at risk of injury (Date)
- **tstart_minPlay** Beginning time. Minutes played in matches until the start of this interval in which the observation has been at risk of injury (numeric)
- **tstop_minPlay** Ending time. Minutes played in matches until the finish of this interval in which the observation has been at risk of injury (numeric)
- status injury (event) indicator (numeric)
- **enum** an integer indicating the recurrence number, i.e. the k-th injury (event), at which the observation is at risk
- days_lost Number of days lost due to injury (numeric)
- player_id Identification number of the football player (factor)
- season Season to which this player's entry corresponds (factor)
- games_lost Number of matches lost due to injury (numeric)
- injury Injury specification as it appears in https://www.transfermarkt.com, if any; otherwise NA (character)

- **injury_acl** Whether it is Anterior Cruciate Ligament (ACL) injury or not (NO_ACL); if the interval corresponds to an injury, NA otherwise (factor)
- **injury_type** A five level categorical variable indicating the type of injury, whether Bone, Concussion, Ligament, Muscle or Unknown; if any, NA otherwise (factor)
- **injury_severity** A four level categorical variable indicating the severity of the injury (if any), whether Minor (<7 days lost), Moderate ([7, 28) days lost), Severe ([28, 84) days lost) or Very_severe (>=84 days lost); NA otherwise (factor)

Details

It consists of a data frame plus 4 other attributes: a character specifying the unit of exposure (unit_exposure); and 3 (auxiliary) data frames: follow_up, data_exposures and data_injuries.

injprev

Calculate injury prevalence

Description

Calculate the prevalence of injured players and the proportion of non-injured (available) players in the cohort, on a monthly or season basis. Further information on the type of injury may be specified so that the injury-specific prevalences are reported according to this variable.

Usage

```
injprev(injd, by = c("monthly", "season"), var_type_injury = NULL)
```

Arguments

injd	Prepared data. An injd object.
by	Character. One of "monthly" or "season", specifying the periodicity according to which to calculate the proportions of available and injured players/athletes.
<pre>var_type_injury</pre>	/
	Character specifying the name of the column on the basis of which to classify
	the injuries and calculate proportions of the injured players. Defaults to NULL.

Value

A data frame containing one row for each combination of season, month (optionally) and injury type (if var_type_injury not specified, then this variable has two categories: *Available* and *Injured*). Plus, three more columns, specifying the proportion of players (prop) satisfying the corresponding row's combination of values, i.e. prevalence, how many players were injured at that moment with the type of injury of the corresponding row (n), over how many players were at that time in the cohort (n_player). See Note section.

injsummary

Note

If var_type_injury is specified (and not NULL), it may happen that a player in one month suffers two different types of injuries. For example, a muscle and a ligament injury. In this case, this two injuries contribute to the proportions of muscle and ligament injuries for that month, resulting in an overall proportion that exceeds 100%. Besides, the players in Available category are those that did not suffer any injury in that moment (season-month), that is, they were healthy all the time that the period lasted

References

Bahr R, Clarsen B, Derman W, et al. International Olympic Committee consensus statement: methods for recording and reporting of epidemiological data on injury and illness in sport 2020 (including STROBE Extension for Sport Injury and Illness Surveillance (STROBE-SIIS)) *British Journal* of Sports Medicine 2020; 54:372-389.

Examples

```
injprev(injd, by = "monthly", var_type_injury = "injury_type")
injprev(injd, by = "monthly")
injprev(injd, by = "season", var_type_injury = "injury_type")
injprev(injd, by = "season")
```

```
injsummary
```

Estimate injury summary statistics

Description

Calculate injury summary statistics such as injury incidence and injury burden (see Bahr et al. 20), including total number of injuries, number of days lost due to injury, total time of exposure etc., by means of a (widely used) Poisson method, negative binomial, zero-inflated poisson or zero-inflated negative binomial, on a player and overall basis.

Usage

```
injsummary(
    injd,
    var_type_injury = NULL,
    method = c("poisson", "negbin", "zinfpois", "zinfnb"),
```

```
conf_level = 0.95,
quiet = FALSE
)
```

Arguments

injd	injd S3 object (see prepare_all()).
<pre>var_type_injury</pre>	,
	Character specifying the name of the column according to which compute injury summary statistics. It should refer to a (categorical) variable that describes the "type of injury". Optional, defaults to NULL.
method	Method to estimate injury incidence and injury burden. One of "poisson", "neg- bin", "zinfpois" or "zinfnb"; characters that stand for Poisson method, negative binomial method, zero-inflated Poisson and zero-inflated negative binomial.
conf_level	Confidence level (defaults to 0.95).
quiet	Logical, whether or not to silence the warning messages (defaults to FALSE).

Value

A list of two data frames comprising player-wise and overall injury summary statistics, respectively, that constitute an injds **S3** object. Both of them made up of the following columns:

- ninjuries: number of injuries sustained by the player or overall in the team over the given period specified by the injd data frame.
- ndayslost: number of days lost by the player or overall in the team due to injury over the given period specified by the injd data frame.
- mean_dayslost: average of number of days lost (i.e. ndayslost) playerwise or overall in the team.
- median_dayslost: median of number of days lost (i.e. ndayslost) playerwise or overall in the team.
- iqr_dayslost: interquartile range of number of days lost (i.e. ndayslost) playerwise or overall in the team.
- totalexpo: total exposure that the player has been under risk of sustaining an injury.
- injincidence: injury incidence, number of injuries per unit of exposure.
- injburden: injury burden, number of days lost per unit of exposure.
- var_type_injury: only if it is specified as an argument to function.

Apart from this column names, they may further include these other columns depending on the user's specifications to the function:

- percent_ninjuries: percentage (%) of number of injuries of that type relative to all types of injuries (if var_type_injury specified).
- percent_dayslost: percentage (%) of number of days lost because of injuries of that type relative to the total number of days lost because of all types of injuries (if var_type_injury specified).

- injincidence_sd and injburden_sd: estimated standard deviation, by the specified method argument, of injury incidence (injincidence) and injury burden (injburden), for the overall injury summary statistics (the 2nd element of the function output).
- injincidence_lower and injburden_lower: lower bound of, for example, 95% confidence interval (if conf_level = 0.95) of injury incidence (injincidence) and injury burden (injburden), for the overall injury summary statistics (the 2nd element of the function output).
- injincidence_upper and injburden_upper: the same (as above item) applies but for the upper bound.

References

Bahr R., Clarsen B., & Ekstrand J. (2018). Why we should focus on the burden of injuries and illnesses, not just their incidence. *British Journal of Sports Medicine*, 52(16), 1018–1021. https://doi.org/10.1136/bjsports-2017-098160

Waldén M., Mountjoy M., McCall A., Serner A., Massey A., Tol J. L., ... & Andersen T. E. (2023). Football-specific extension of the IOC consensus statement: methods for recording and reporting of epidemiological data on injury and illness in sport 2020. *British journal of sports medicine*.

Examples

injsummary(injd)
injsummary(injd, var_type_injury = "injury_type")

is_injd

Check if an object is of class injd

Description

Check if an object x is of class injd.

Usage

is_injd(x)

Arguments

x any R object.

Value

A logical value: TRUE if x inherits from injd class, FALSE otherwise.

is_injds

Check if an object is of class injds

Description

Check if an object x is of class injds.

Usage

is_injds(x)

Arguments

x any R object.

Value

A logical value: TRUE if x inherits from injds class, FALSE otherwise.

prepare_data

Prepare data in a standardized format

Description

These are the data preprocessing functions provided by the injurytools package, which involve:

- 1. setting exposure and injury data in a standardized format and
- 2. integrating both sources of data into an adequate data structure.

prepare_inj() and prepare_exp() set standardized names and proper classes to the (key) columns in injury and exposure data, respectively. prepare_all() integrates both, standardized injury and exposure data sets, and convert them into an injd **S3** object that has an adequate structure for further statistical analyses. See the Prepare Sports Injury Data vignette for details.

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prepare_data

Usage

```
prepare_inj(
 df_injuries0,
 player = "player",
 date_injured = "date_injured",
 date_recovered = "date_recovered"
)
prepare_exp(
  df_exposures0,
 player = "player",
 date = "date",
 time_expo = "time_expo"
)
prepare_all(
 data_exposures,
 data_injuries,
 exp_unit = c("minutes", "hours", "days", "matches_num", "matches_minutes",
    "activity_days", "seasons")
)
```

Arguments

df_injuries0	A data frame containing injury information, with columns referring to the player name/id, date of injury and date of recovery (as minimal data).
player	Character referring to the column name where player information is stored.
date_injured	Character referring to the column name where the information about the date of injury is stored.
date_recovered	Character referring to the column name where the information about the date of recovery is stored.
df_exposures0	A data frame containing exposure information, with columns referring to the player name/id, date of exposure and the total time of exposure of the corresponding data entry (as minimal data).
date	Character referring to the column name where the exposure date information is stored. Besides, the column must be of class Date or integer/numeric. If it is integer/numeric, it should refer to the year in which the season started (e.g. date = 2015 to refer to the $2015/2016$ season).
time_expo	Character referring to the column name where the information about the time of exposure in that corresponding date is stored.
data_exposures	Exposure data frame with standardized column names, in the same fashion that prepare_exp() returns.
data_injuries	Injury data frame with standardized column names, in the same fashion that prepare_inj() returns.
exp_unit	Character defining the unit of exposure time ("minutes" the default).

prepare_inj() returns a data frame in which the **key columns** in injury data are standardized and have a proper format.

prepare_exp() returns a data frame in which the **key columns** in exposure data are standardized and have a proper format.

prepare_all() returns the injd S3 object that contains all the necessary information and a proper data structure to perform further statistical analyses (e.g. calculate injury summary statistics, visualize injury data).

- If exp_unit is "minutes" (the default), the columns tstart_min and tstop_min are created which specify the time to event (injury) values, the starting and stopping time of the interval, respectively. That is the training time in minutes, that the player has been at risk, until an injury (or censorship) has occurred. For other choices, tstart_x and tstop_x are also created according to the exp_unit indicated (x, one of: min, h, match, minPlay, d, acd or s). These columns will be useful for survival analysis routines. See Note section.
- It also creates days_lost column based on the difference between date_recovered and date_injured in days. And if it does exist (in the raw data) it overrides.

Note

Depending on the unit of exposure, tstart_x and tstop_x columns might have same values (e.g. if exp_unit = "matches_num" and the player has not played any match between the corresponding period of time). Please be aware of this before performing any survival analysis related task.

Examples

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Value

raw_df_exposures

Description

An example of a player exposure data set that contains minimum required exposure information as well as other player- and match-related variables. It includes Liverpool Football Club male's first team players' exposure data, exposure measured as (number or minutes of) matches played, over two consecutive seasons, 2017-2018 and 2018-2019. Each row refers to player-season. These data have been scrapped from https://www.transfermarkt.com/ website using self-defined **R** code with rvest and xml2 packages.

Usage

raw_df_exposures

Format

A data frame with 42 rows corresponding to 28 football players and 16 variables:

player_name Name of the football player (factor)

player_id Identification number of the football player (factor)

season Season to which this player's entry corresponds (factor)

year Year in which each season started (numeric)

matches_played Matches played by the player in each season (numeric)

minutes_played Minutes played by the player in each season (numeric)

liga Name of the ligue where the player played in each season (factor)

club_name Name of the club to which the player belongs in each season (factor)

club_id Identification number of the club to which the player belongs in each season (factor)

age Age of the player in each season (numeric)

height Height of the player in m (numeric)

place Place of birth of each player (character)

citizenship Citizenship of the player (factor)

position Position of the player on the pitch (factor)

foot Dominant leg of the player. One of both, left or right (factor)

goals Number of goals scored by the player in that season (numeric)

assists Number of assists provided by the player in that season (numerical)

yellows Number of the yellow cards received by the player in that season (numeric)

reds Number of the red cards received by the player in that season (numeric)

Note

This data frame is provided for illustrative purposes. We warn that they might not be accurate, there might be a mismatch and non-completeness with what actually occurred. As such, its use cannot be recommended for epidemiological research (see also Hoenig et al., 2022).

Source

https://www.transfermarkt.com/

References

Hoenig, T., Edouard, P., Krause, M., Malhan, D., Relógio, A., Junge, A., & Hollander, K. (2022). Analysis of more than 20,000 injuries in European professional football by using a citizen science-based approach: An opportunity for epidemiological research?. *Journal of science and medicine in sport*, 25(4), 300-305.

raw_df_injuries Minimal example of injury data

Description

An example of an injury data set containing minimum required injury information as well as other further injury-related variables. It includes Liverpool Football Club male's first team players' injury data. Each row refers to player-injury. These data have been scrapped from https://www.transfermarkt.com/ website using self-defined **R** code with rvest and xml2 packages.

Usage

raw_df_injuries

Format

A data frame with 82 rows corresponding to 23 players and 11 variables:

player_name Name of the football player (factor)

player_id Identification number of the football player (factor)

season Season to which this player's entry corresponds (factor)

from Date of the injury of each data entry (Date)

until Date of the recovery of each data entry (Date)

days_lost Number of days lost due to injury (numeric)

games_lost Number of matches lost due to injury (numeric)

injury Injury specification as it appears in https://www.transfermarkt.com (character)

injury_acl Whether it is Anterior Cruciate Ligament (ACL) injury or not (NO_ACL)

injury_type A five level categorical variable indicating the type of injury, whether Bone, Concussion, Ligament, Muscle or Unknown; if any, NA otherwise (factor)

season2year

injury_severity A four level categorical variable indicating the severity of the injury (if any), whether Minor (<7 days lost), Moderate ([7, 28) days lost), Severe ([28, 84) days lost) or Very_severe (>=84 days lost); NA otherwise (factor)

Note

This data frame is provided for illustrative purposes. We warn that they might not be accurate, there might be a mismatch and non-completeness with what actually occurred. As such, its use cannot be recommended for epidemiological research (see also Hoenig et al., 2022).

Source

https://www.transfermarkt.com/

References

Hoenig, T., Edouard, P., Krause, M., Malhan, D., Relógio, A., Junge, A., & Hollander, K. (2022). Analysis of more than 20,000 injuries in European professional football by using a citizen science-based approach: An opportunity for epidemiological research?. *Journal of science and medicine in sport*, 25(4), 300-305.

season2year Get the year

Description

Get the year given the season.

Usage

```
season2year(season)
```

Arguments

season

Character/factor specifying the season. It should follow the pattern "xxxx/yyyy", e.g. "2005/2006".

Value

Given the season, it returns the year (in numeric) in which the season started.

```
season <- "2022/2023"
season2year(season)</pre>
```

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